

SPEAKER ONE-SHEET

Jazmyn J. Barrow, Esq.

Strategic legal counsel for high-stakes rooms. On the page. In the room. On the stage.

Athletes · Families · Executives · Founders · Institutions · High-Stakes Legal Strategy

SPEAKER POSITIONING

Jazmyn Barrow helps athletes, executives, founders, family enterprises, and institutions protect leverage, reputation, ownership, work, and future value when decisions are moving fast and the cost of getting them wrong is high.

PRACTITIONER SIGNALS

Practitioner Judgment	Plain-English Translation	Frameworks People Use
Seventeen years advising high-stakes rooms, including more than six years as a partner/shareholder at AmLaw 100 labor and employment firms.	Complex legal risk becomes practical, usable decision architecture for audiences that need clarity before the room changes.	Sessions give audiences questions, checklists, and judgment tools they can use before signing, negotiating, hiring, firing, investing, or saying yes.

SIGNATURE TALKS

Before the Money Moves	Whiplash Workplace	The High-Stakes Room
Legal protection for athletes, families, founders, and first-generation wealth. Covers contracts, NIL, rights, advisor roles, entities, reputation, and long-term leverage.	How leaders should plan for a labor landscape that changes every four years. Built for HR, legal, executives, public entities, and institutions.	Legal strategy for women and leaders navigating work, wealth, reputation, ownership, negotiation, and legacy.

FORMATS

Keynote 30 to 60 minutes	Fireside Moderated executive conversation	Workshop 60 to 90 minutes with tools
Panel Speaker or moderator	Private Salon Closed-door client or leadership room	Podcast / Media Expert commentary and interviews

SELECTED STAGES, AUTHORITY SIGNALS & PROOF POINTS

- Featured speaker, 2nd Annual Sports Moms Conference, DeSoto, Texas, August 2026.
- Founder, J Barrow Legal, LLC, serving athletes, families, executives, founders, institutions, and public entities.
- Former partner/shareholder at AmLaw 100 labor and employment firms.
- Recognized by Crain's Cleveland Business 40 Under 40, Best Lawyers, and Ohio Rising Stars.
- Publisher of The Counsel Brief, including the NIL/labor analysis "The New Unions."

SHORT BIO

Jazmyn J. Barrow, Esq. is the Founder and Managing Attorney of J Barrow Legal, LLC, a modern legal advisory firm serving athletes, families, executives, business owners, public entities, universities, and institutions in high-stakes legal and business matters. A former AmLaw 100 shareholder with more than seventeen years of legal experience, Jazmyn advises clients on contracts, negotiation, labor and employment, workplace strategy, institutional risk, reputation, and long-term protection. She speaks nationally under the Barrow Advisory Group banner and publishes The Counsel Brief.

TESTIMONIALS

"She's always moving. She's kinetic energy. She is a top-notch attorney, highly engaged, incredibly responsive, and accountable."

John Gerak, Managing Director, Ogletree Deakins · Crain's Cleveland Business 40 Under 40

BOOKING CONTACT

Jazmyn Barrow, Esq. · Barrow Advisory Group · admin@jbarrow-legal.com · 216.930.1320 · jbl-bio.jazmyn.workers.dev/speak · LinkedIn: [/in/jazmynbarrow](https://www.linkedin.com/in/jazmynbarrow)